

Museum
explorers
food and drink
around the world



Families
Ages 3+

Welcome

This trail guides you on a journey of exploration and discovery around the Museum. On the way, you'll track down some amazing treasures and learn tales of human history. Whichever way you go and whatever you discover, enjoy yourself! If you ever feel lost, ask a member of staff for help.

Useful information for families

- Accessible toilets and baby changing facilities are available. You can breastfeed and bottle feed anywhere on the Museum's grounds, but if you would like more privacy, please use the feeding room in the Ford Centre for Young Visitors in the Clore Centre for Education on the Lower floor, Level -1, or one of our baby changing spaces. For details, ask at the Families Desk or Information Desk in the Great Court, or pick up a map of the Museum.
- You can leave fold-up pushchairs in the cloakroom free of charge.
- You can find child-friendly food at cafés- High chairs are available.
- You can use the Ford Centre for Young Visitors to picnic with your family at weekends and during school holidays.

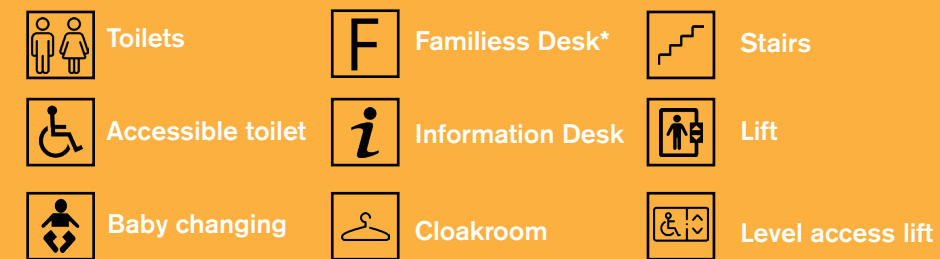
Museum explorers food and drink around the world



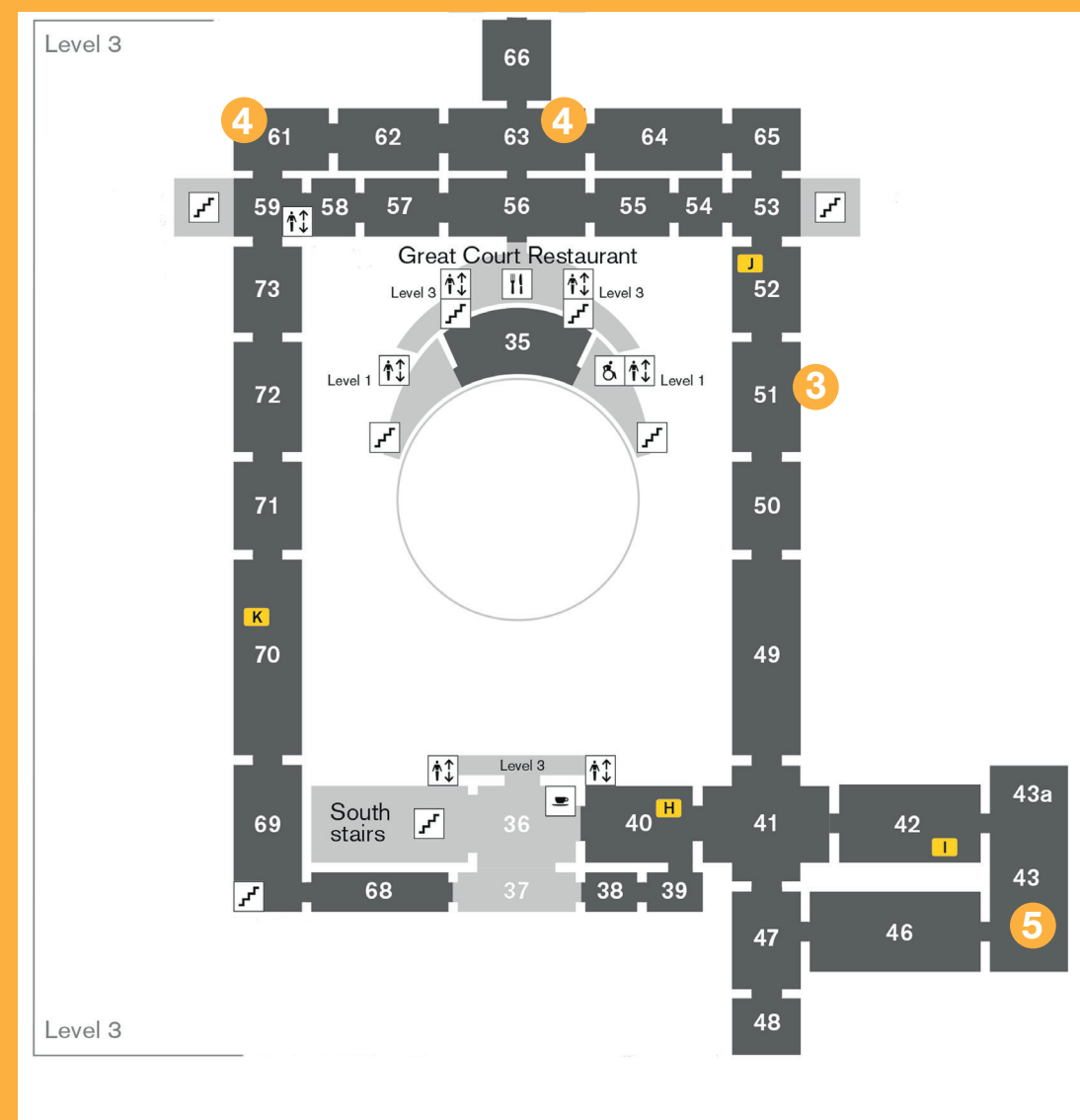
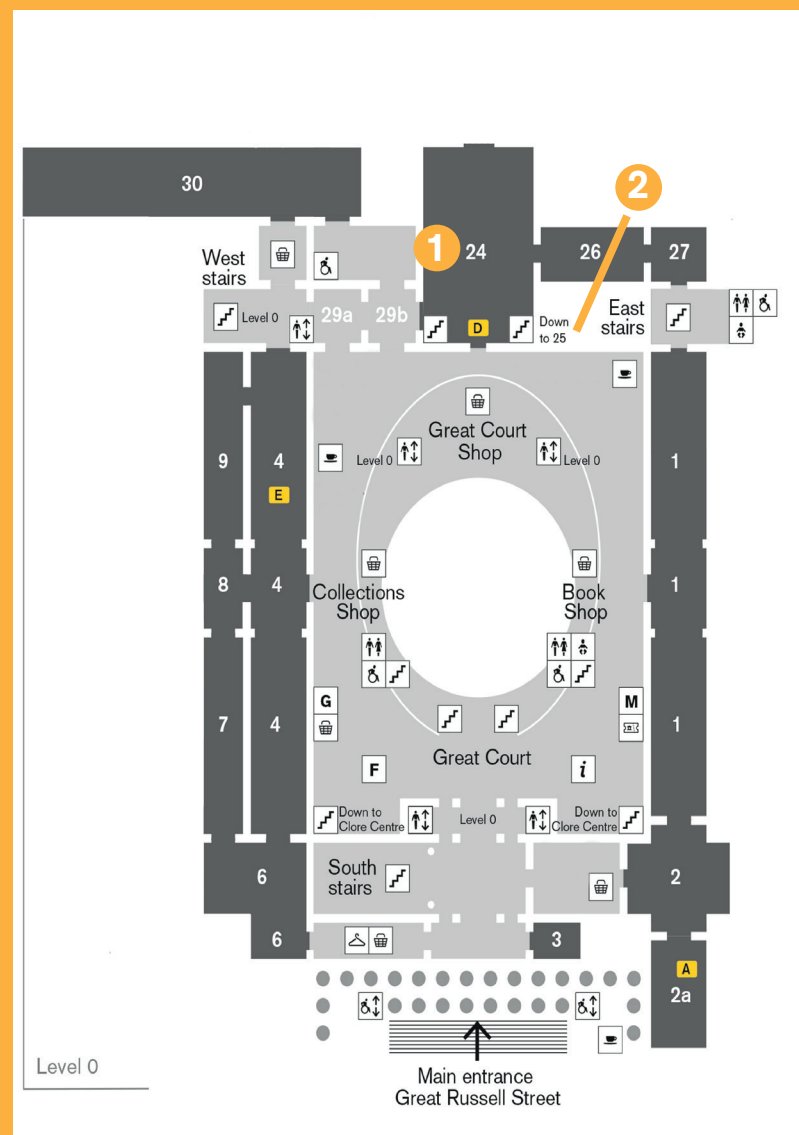
Throughout history, **food and drinks** have been essential to all of us. They tell the stories of our cultures. What's your favourite dish? Why?

This map shows the locations of the objects in this trail. You can pick up a map of the Museum at the Great Court Information Desk. Please note that some galleries may be closed at short notice due to unforeseen circumstances or refurbishment.

* Families Desk is open at weekends and during school holidays only.



Embark on a fascinating adventure as you explore how humans have explored their territory and learnt how to use natural resources, invent cooking techniques, and gather to celebrate life and death. You'll need the sharp eyes of a historian to track down every object!



 Start your journey starts in Room 24, Ground floor, Level 0

 Case numbers can be hard to find – don't be afraid to ask a staff member for help finding an object

1 Farming
Room 24

2 Let's cook!
Room 25

3 Ingredients
Room 51

4 It's tradition time!
Room 61
Room 63

5 Time to celebrate!
Room 43

1 Farming, an ancient activity



Go to Room 24 and find the Inca vessel, on display case 6



My name is Paccha.

I am an extraordinary vessel used in water rituals. My shape tells the story of farming, from planting, growing and consuming food.



Look at me closely.

Which familiar food is part of my body?

- ☐ Potato
- ☐ Maize
- ☐ Carrot
- ☐ Pepper



My base looks like a cane. It represents an ancient instrument for working the land and planting seeds.

2 Let's cook



Move to Room 25, and look for the african pots on display case 23



I am a Nigerian coal pot.
My body is filled with charcoal to preserve the nutrients and the smoky taste of the food cooked in the vessel placed over me.

Look at me closely.

Point out what part of my body is usually filled with charcol.



There are hundreds of cooking techniques and dishes, each very special to the families and communities that share them. What's your favourite?

Time to remember.

Pots, like many other cooking vessels, are essential in our kitchens.
What others can you find in yours?



3 Ingredients



I am a unique instrument used all around the world to grind food into very tiny pieces.

Look at me closely.

Do you know the material of my body?
Can you carry me easily?



Move to Room 51, and look for me
on display case 1



Grinding is hard work. You must grind the food very carefully with another instrument.

Look at the figurine.

What is she holding in her hands?
She uses that tool to grind the grains
and spices. Find a similar object in the case.

Time to act!

Imitate the figurine and pretend to grind
some food on the floor.



4

It's tradition time!
Catch them all!



This mural represents Nebamun and his family practising ancient animal-catching techniques. How many animals can you spot?



Look carefully and find.

- ☐ A tawny cat
- ☐ A duck
- ☐ Two giant Tilapia fish
- ☐ Two mustard birds
- ☐ Five butterflies
- ☐ Three trapped white herons (birds)



Explore Room 61, and find me
on display case 2



Egyptians used boats to travel along the Nile as a pastime and to hunt and fish for food. They were experts! We can learn about their traditions by exploring their colourful murals.

4 It's tradition time! Offerings



One big red of me on the outside, a thousand and one small red tiny pieces on the inside. Who am I?



Ancient Egyptian believed in the importance of food supplies for our long journey to the afterlife. Besides pomegranates, they placed many other food products in their tombs.



Look carefully around the gallery and find.

- ☐ Loaves of bread
- ☐ A cooked duck
- ☐ Dates
- ☐ Dry fish

What food would you eat forever and ever?



Go to Room 63, and find food remains on display case 11

5 Time to celebrate! Party time!



Go to Room 43 and explore all the instruments on display case 22

Time to count!

Look around the case,
How many flutes can you see?

Time to explore!

Find a fiddle and a box zither

Time to choose!

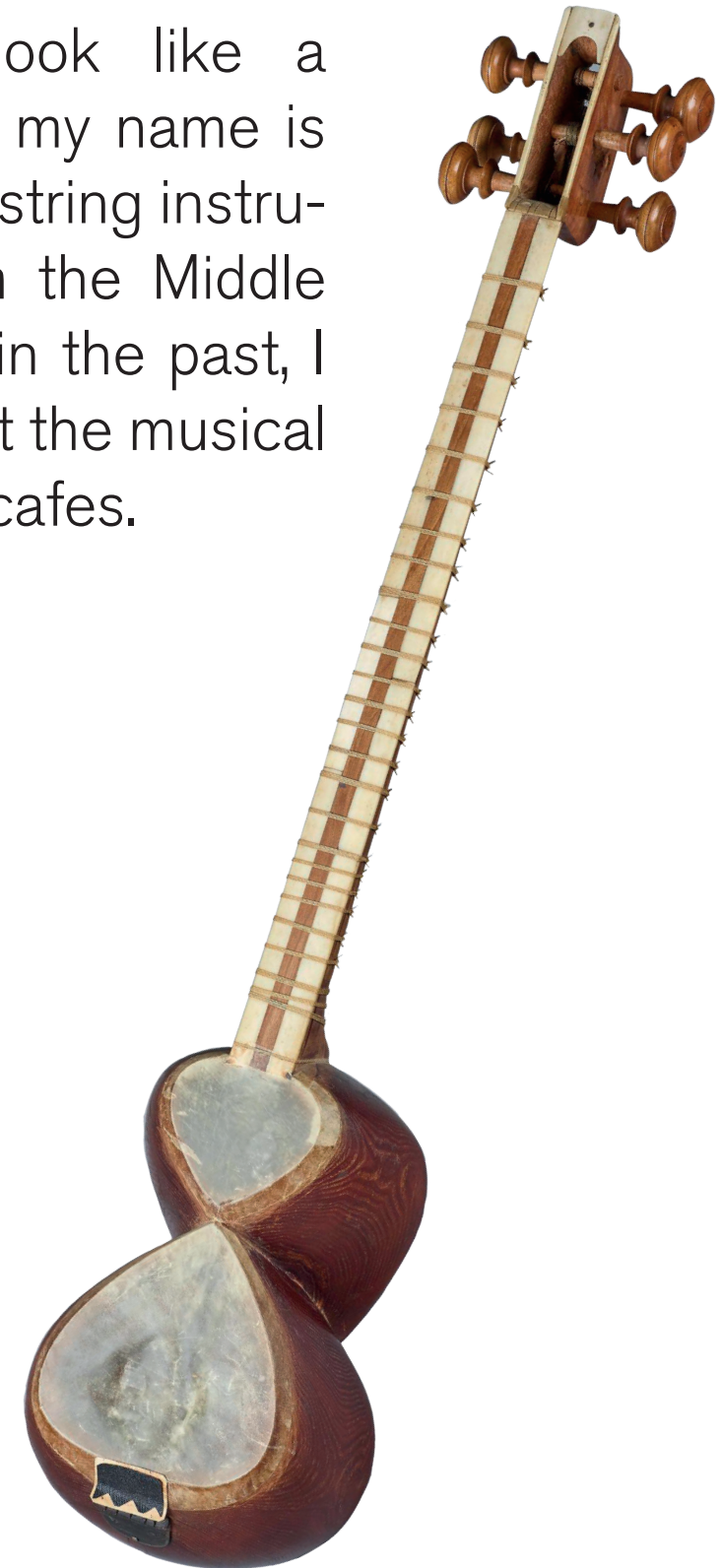
What's your favourite instrument inside the case? Why?

Time to act!

We are at the end of our journey.
Let's celebrate by having a small party. Make the sound of your favourite instrument and have a mini concert in the room.



I might look like a guitar, but my name is Tar. I am a string instrument from the Middle East, and in the past, I used to set the musical rhythm in cafes.





You have completed the food and drink around the world trail!

You can find even more fantastic things to see and do in other parts of the Museum:

- ☐ Find all about a Japanese story inside porcelain chips in room 93
- ☐ Identify all the seasons in Chinese wine cups in room 95
- ☐ Learn all about fasting Buhda in room 33



Head back to the Families Desk to receive a stamp!

What a fantastic adventure. You learnt fascinating stories about food and drink traditions and travelled around the globe.

Names

Ages

Date

Favourite objects



My metal body makes me look like a soup bowl; however, I was made to treat scared children and adults.

At home

- Other things you could do when you get home:
- ☐ Draw an Egyptian mural of a hunting or an offering scene.
 - ☐ Try grinding some spices or grains back at home. What's the texture? The smell? The flavour?
 - ☐ Write down your favourite recipe.
 - ☐ Carry on with the concert! Invite friends and family but don't forget to offer them some appetizers and drinks. What would it be?

Complete the bowl of terror by drawing the other half and adding the patterns engraved on the surface.

